

Route Card: Manor Sheep Trials Medium Family Ride

Longer route taking you into the beautiful Glenrath Valley. Quite roads with wide trails. Short section of rough trail at end of downhill. One stream crossing.

Leg Distance	Description	Total Distance
0km	Start Manor Church	0km
8km	Follow road up Manor Valley to entrance to Langaugh Farm (fork R after 300m and L at Glack after 800m).	8km
0.75km	Turn L up farm track, bearing L after 100m off farm drive and following up onto forest track. Continue to track junction.	8.75km
1.95km	Fork L and continue up forest track (crossing Horse Hope Burn after 1.35km) to reach high point of track/track junction	10.7km
1.7km	Fork L and go down forest track, through small stream then through main Glenrath Burn (after 1.6km) and up onto road	12.4km
1.7km	Turn L and follow road down to Glenrath Farm	14.1km
0.8km	Turn L and follow farm road down to main road	14.9km
4.6km	Turn R and follow Manor Valley road back down to Kirkton Manor	19.5km

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